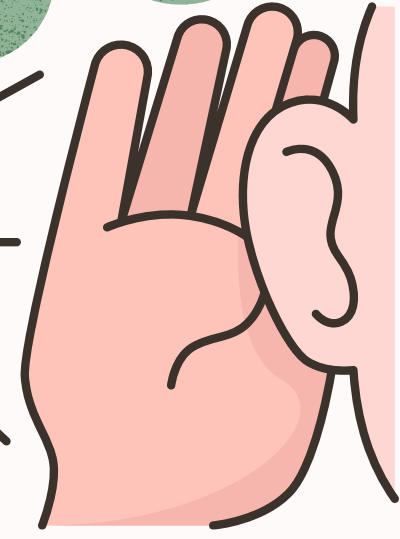
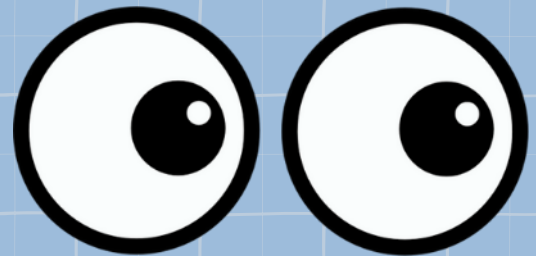


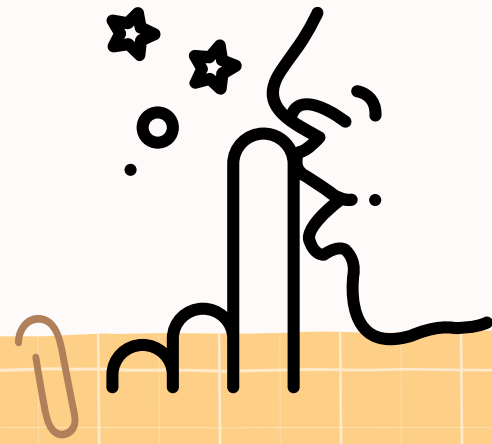
NASIL DAHA İYİ DİNLERSİN



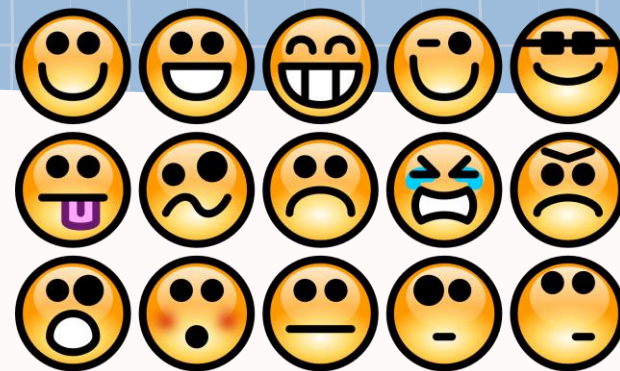
GÖZ TEMASI
KUR,
DINLEDİĞİNİ
GÖSTER.



SESSİZ OL,
BAŞKALARININ
DA
KONUŞMASINA
IZIN VER.



KONUŞAN
KİŞİNİN
DUYGULARINI
ANLAMAYA
ÇALIŞ.



EĞER BİR ŞEY
ANLAMAZSAN
SORMAKTAN
ÇEKİNME.



DUYDUKLARINI
BİR DE SEN
TEKRAR ET,
ANLADIĞINI
GÖSTER.

